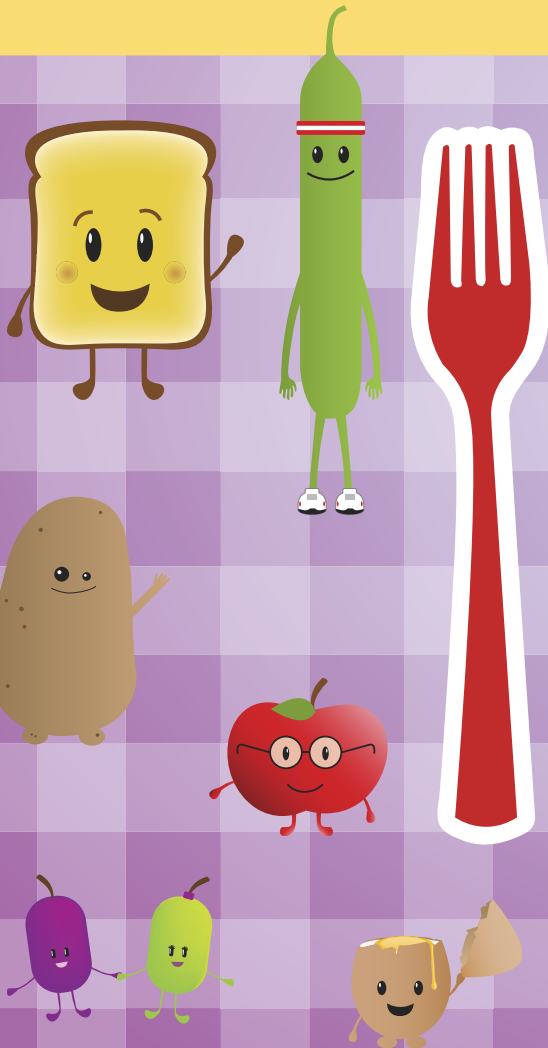
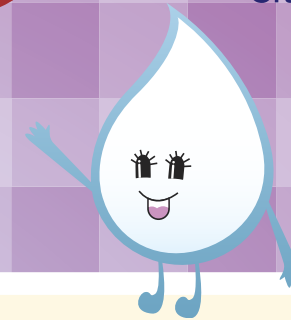
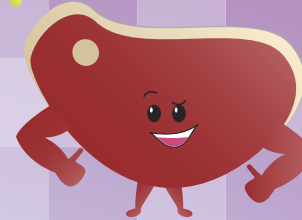
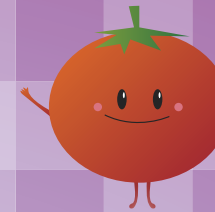
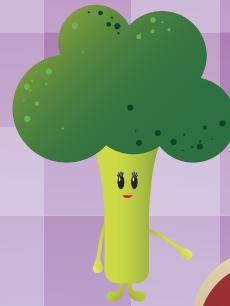
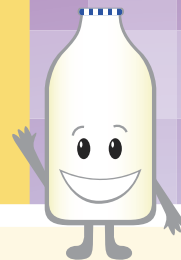


Nursery school menu

September 2019 - July 2020

Sunderland
City Council



Nursery Meals - what you need to know

The Food

Our menu meets the national school food standards and is designed to provide children with the required energy and nutrition they need across the whole school day.

Special Diets

If your child has a special dietary need related to a medical condition, allergy or intolerance and you wish them to have a school meal, please provide a written request to your school from a doctor or dietician. If you have any queries about special diets please contact us on 0191 561 4655 or e-mail: keith.miles@sunderland.gov.uk

School Meal Price

The price of a school meal for Nursery pupils will be £2.20. This remains one of the lowest prices in the country and represents excellent value for money.



Want to join our team?

If you're interested in working for the school meals service please call 0191 561 4655.

Contact us

We want to make the school meal experience an enjoyable one for all pupils. If you have anything you want to discuss please contact Keith Miles (Catering Services Manager) on 0191 561 4655 or e-mail: keith.miles@sunderland.gov.uk

WEEK 1

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Spinach and Broccoli Burger served in a bun with potato rosti and baked beans	Mac & Cheese Ragu served with tomato bread and mixed vegetables	Chicken Italiano served in a Tomato sauce, spaghetti and green beans	Roast Beef Yorkie Wrap served with roast potatoes, glazed carrots and savoy cabbage	Seaside Fish Fillet served with chips and peas
Desserts	Ice Cream Roll served with fresh fruit	Rice Pudding served with shortcake finger	Apple Crumble served with custard	Fruit Puree and fromage frais	Jam/Lemon Love Cake served with custard
Selected fresh fruit, cheese and biscuits and yoghurt available as a daily alternative					

Week commencing: 2 Sept 2019, 23 Sept 2019, 14 Oct 2019, 4 Nov 2019, 25 Nov 2019, 16 Dec 2019, 6 Jan 2020, 27 Jan 2020, 24 Feb 2020, 16 Mar 2020, 20 Apr 2020, 11 May 2020, 1 June 2020, 22 June

WEEK 2

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Margarita Pizza served with seasoned wedges and mixed vegetables	Steak Casserole served with herby dumplings and duchess potatoes with savoy cabbage and cauliflower	Chilli con carne served with rice/tortilla wrap	Roast Chicken served with yorkshire pudding, creamed potato and green beans	Fish Fingers (Gluten Free) served with chips and baked beans
Desserts	Fresh Fruit served with ice cream	Steamed Fruit Sponge Pudding served with custard	Semolina and Jam Sauce	Fruit Yoghurt	Banana Custard
Selected fresh fruit, cheese and biscuits and yoghurt available as a daily alternative					

Week commencing: 9 Sept 2019, 30 Sept 2019, 21 Oct 2019, 11 Nov 2019, 2 Dec 2019, 13 Jan 2020, 3 Feb 2020, 2 Mar 2020, 23 Mar 2020, 27 Apr 2020, 18 May 2020, 8 June 2020, 29 June 2020

WEEK 3

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Penne Pasta served in a rich tomato sauce with saute potatoes and sweetcorn	Savoury Mince Pie served with new potatoes and savoy cabbage	Chicken Curry served with naan bread/rice and green beans	Pork Sausages, Yorkshire Pudding and Gravy served with creamed potatoes, carrot & swede mash and broccoli	Lemon Salmon Fillet served with chips and baked beans
Desserts	Fruit Crunch served with custard	Fruit Jelly or Cheesecake served with cream	Chocolate Orange Brownie served with custard	Fruit Puree and Fromage Frais	Lemon & Courgette Muffin
Selected fresh fruit, cheese and biscuits and yoghurt available as a daily alternative					

Week commencing: 16 Sept 2019, 7 Oct 2019, 18 Nov 2019, 9 Dec 2019, 20 Jan 2020, 10 Feb 2020, 9 Mar 2020, 30 Mar 2020, 4 May 2020, 15 June 2020, 6 July 2020

Please note this menu is subject to variations between schools.